



Peripheral Nerve Block

A peripheral nerve block is a procedure in which a local anesthetic, and sometimes a steroid (anti-inflammatory), is injected near a peripheral nerve. This procedure can prevent pain signals from reaching the brain. A peripheral nerve block is used to acute and chronic forms of pain, especially when the pain is unresponsive to oral analgesic medication and other treatments. Often, candidates for this procedure have lower back pain, neck pain, sciatica, lumbar canal stenosis, cancer pain, shingles pain, and many others. Peripheral nerve blocks can provide longer-lasting pain relief when oral medications are not helping and can reduce the need for opioid use. At Spine & Neuro Pain Specialists, we use the latest state of the art technology in treating you. As a result, your doctor may use an ultrasound machine to assist with the injection to add additional diagnostic information and insure the medication is being delivered directly where it needs to go.